

# Twenty Seven Points in Space!

**Objective:** This exercise aims to train performers in all possible check points and pathways that may be used in a piece of flag choreography.

**Technical Breakdown:** There are two main components to this exercise - Horizontal and Vertical. They come together to make a box surrounding the performer, and all of their intersection points make up the 27 points in this exercise.

**Horizontal component** - Every point in this exercise will fall directly onto one of three horizontal levels. Top, middle and bottom.

Remember that horizontal means any line running parallel to the ground.

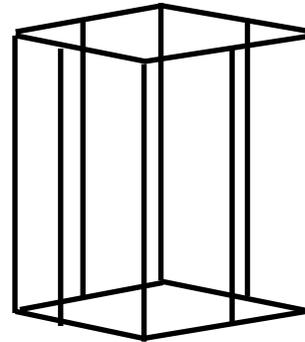
**Vertical component** - Every point in this exercise will fall directly onto one of eight vertical lines surrounding the performance space.

There are four lines in each corner, making an “X” over the performer.

There are four lines on each side, making a “+” over the performer

When you put the two components together, you get a CUBE with a Guard member inside.

The 27 points cube looks like this:



\* We left out the middle level in this diagram for cleanliness

\*\* Don't forget, there will be a person inside this cube and that will account for the last 3 points.

## TIPS:

As you are going through this exercise, it will help you to think about your movements in a set of three. Your goal is to move both hands at the same time, then your cheater hand, then your tab and and repeat.

To help you compartmentalize this, you can say “Both, Left, Right” out loud as you go through the different points.

There will be 2 hand switches in this exercise. They happen on point 18 and point 24. To complete these hand switches, you will bring your cheater hand to meet your tab hand, then switch your tab hand to the cheater on the next move.

## INSTRUCTIONS:

1. Begin with your Right hand at the tab and your Left hand at the top third of the silk. Hold the pole straight up and down in a “drop stop” position.
2. When you start the exercise, you will switch your left hand to the bottom cheater and use your right hand to bring your top crutch tip to point one.

Point one is the intersection of the top level and your front left corner.

3. Moving only your left hand, raise the bottom half of your pole to make the flag sit parallel to the ground at shoulder level. Your top crutch tip should now be hitting point two.

Point two is the intersection of the middle level and your front left corner

4. Moving only your right hand, bring the tab down to your hip level. Your top crutch tip should now be hitting point three.
5. Now, move both hands to raise your top crutch tip to point five. Your right hand is holding the tab at shoulder level, and your left hand is holding the bottom cheater at hip level.

Point five is the intersection of the top level and the front side line (directly in-front of you)

6. Repeat this process for the remaining points, completing a hand switch on point 18 and point 24.
7. For point 25, use your right hand to bring the tab to eye level and your left hand to bring the bottom cheater to waist level.
8. For point 26, switch the placement of your hands. You should have your tab at waist level and your bottom cheater at eye level.
9. For point 27, you will finish back at the “drop stop” position that we started in.
10. Good job color guard! You made it through 27 points in space :)

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Blue devils demonstration video:

<https://www.youtube.com/watch?v=aPOW2YL28U0>

Ms. Estremo’s explanation video:

<https://youtu.be/bS7zEy15CM0>

