

Hey everyone,

I hope this letter finds you all healthy and safe, and hopefully enjoying some surprise vacation time at home. We are very excited to begin Distance Learning with the SHS Color Guard program, despite the circumstances that brought us here. Hopefully we will be back to our normal lessons in no time. For now, we're looking to the silver lining in this and making the best of what we have. I've seen so much potential from our amazingly talented students in the guard, and what we do with this next month hiatus is crucial for their success moving forward.

With that being said, attendance grades are being collected based on your participation in these virtual activities, so it is imperative that you keep up with them. Everything will be due on Thursday before midnight, same as the band assignments. All the assignments for each week will be posted on Fridays.

Starting next week, there will be 3 main components to the weekly lessons. They are as follows:

- Technical Exercises

Every week, we will introduce a new fundamental that the students will be learning. Once mastered, videos will need to be uploaded to the SHS Guard Google Drive (more info on that next week). Students will receive feedback on each video.

- Observational Exercises

Guard students will be given videos to watch every week that will be accompanied by a short writing assignment. Their submissions will be uploaded to the google drive.

- Performance Exercises

This section could range from exploratory movement exercises to "write-your-own choreography". These are aimed towards helping students grow as dynamic performers.

Students: please, please be proactive with these things. I encourage you to finish these assignments in a timely fashion. Don't wait until Thursday to start!!! The work you put into this will absolutely come back to you in the long run.

I'm looking forward to when we will be able to return to our in person lessons. Until then, please stay safe, and enjoy your family time together.

Much love,
Brynne Estremo